



edenSpa
AT DOWN HALL



TREATMENT MENU

EDEN SPA AT DOWN HALL CREATES THE PERFECT SETTING FOR YOU TO RELAX YOUR MIND, BODY AND SOUL.

Set in 110 acres of surrounding woodland, parkland and landscaped gardens the hotel is one of England's most established country house hotels and conveniently located in Hatfield Heath, near Bishop's Stortford on the Hertfordshire and Essex border.

ESPA FACIALS

Our facials begin with a detailed consultation and in-depth skin analysis using SkinVision™ technology to identify skin conditions not visible to the naked eye. Your facial is specifically tailored to you, to include cleansing, exfoliation, and a treatment specific massage, mask and intensive serum. Finally, skincare products are chosen for your individual needs to achieve the best possible results.

To maintain the ultimate in healthy radiant skin we recommend a facial once a month.

FACIALS

LIFT & FIRM EYE TREATMENT £27

25 minutes | *M

add this to any Espa Facial for only £15

ROSE-QUARTZ FACIAL MASSAGE £24

20 minutes | *M

add this to any ESPA Facial for only £12

ESPA PERSONALISED EXPRESS FACIAL £30

25 minutes | *M

ESPA SKIN SOLUTIONS FACIAL £60

55 minutes | *M

We will do an in depth consultation in order to choose the best facial for your individual needs.

AGE-DEFYER FACIAL £65

55 minutes

LIFT & FIRM FACIAL £80

85 minutes

ESPA BODY TREATMENTS

We offer a huge range of solution led ESPA body treatments and massages, each one designed and tailored specifically to ensure you experience the best physical and emotional therapeutic benefits depending on your needs.

BODY TREATMENTS

SALT & OIL SCRUB £35

35 minutes

BODY POLISH £38

35 minutes

REFRESHING TREATMENT £25

FOR THE HANDS

25 minutes | *M

INVIGORATING FOOT TREATMENT £27

25 minutes | *M

LIFT & FIRM HIP & THIGH TREATMENT £60

55 minutes

BACK FACE & SCALP TREATMENT £89

85 minutes | *M

WITH HOT STONES £99

95 minutes | *M



MASSAGE

SCALP NECK & SHOULDER MASSAGE £27

25 minutes | *M

BACK NECK & SHOULDER MASSAGE £30

25 minutes | *M

SWEDISH MASSAGE £45

40 minutes | *M

FULL BODY SWEDISH MASSAGE £55

55 minutes | *M

DEEP MUSCLE MASSAGE £47

40 minutes | *M

FULL BODY DEEP MUSCLE MASSAGE £57

55 minutes | *M

AROMATHERAPY MASSAGE £55

40 minutes | *M

FULL BODY AROMATHERAPY MASSAGE £65

55 minutes | *M

HOT STONE MASSAGE £55

40 minutes | *M

FULL BODY HOT STONE MASSAGE £65

55 minutes | *M

*Add scalp massage to any of the above massages
for £15 | *M*

MATERNITY TREATMENTS

PRE & POST NATAL TREATMENT £65

55 minutes

A deeply nourishing body massage designed to target areas prone to stress and tension during or after pregnancy.

LIGHTER LEGS £27

25 minutes

BEAUTY TREATMENTS

WAXING

Full Leg Wax £30

Full Leg & Bikini £37

Half Leg Wax £18

Bikini Wax £12

Underarm Wax £12

Lip Wax £10

Chin Wax £10

Lip & Chin Wax £18

Eyebrow Wax | *M £12

Back Wax for Men | *M £25

BROW BY Mii

Ultimate Brows £25

Treatment includes eyebrow wax, shape & tint with pencil & minerals to finish

Mii Eyebrow Shape £16

Treatment includes eyebrow wax & shape with pencil & minerals to finish

Eyebrow Tint £12

Please note all tinting requires a patch test 24 hours in advance.



JESSICA NAILS

Shape & Polish	£15
Mini Manicure (<i>no paint</i>) *M	£22.50
Prescriptive Manicure	£30
Mini Pedicure (<i>no paint</i>) *M	£25
ZenSpa Pedicure	£35

GELERATION

Gel, Shape & Polish	£25
Prescriptive Gel Manicure	
Colour	£35
French	£40
ZenSpa Gel Pedicure	
Colour	£40
French	£45
Gel Removal <i>when added to above</i>	£5
Gel Removal & File	£10

Mii MAKEOVER

Make-up Lesson	£25
Special Occasion	£35

Bridal Make-Up

Prices for bridal make-up are available on request.

TREATMENTS FOR MEN

All our male treatments are specifically tailored to your skin type and designed to ensure you have the best physical and therapeutic benefits.

* M indicates that a treatment is available for men.

BOOKING

Terms & Conditions:

- To secure your booking, you are required to provide credit or debit card details.
- You must arrive 15 minutes prior to the start of your treatment for consultation and preparation.
- We operate a 24 hours cancellation policy, if the required notice is not given, you will be charged in full for your booked treatment.
- Please note that we do not accept liability for any loss or damage to personal belongings when using our facilities.




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